

Website: www.cwmffrwdoerprimary.co.uk

Twitter: @cwmffrwdoer



Dear Parents and Carers,

We are excited to announce a series of cooking workshops at Cwmffrwdoer Primary School delivered by 'Cookstars' and warmly invite you to join us! These workshops are a wonderful opportunity for parents to learn new cooking skills, explore different cuisines, and enjoy a fun and interactive experience with other members of our school community.

Workshop Details:

Dates: Friday 13th September, Thursday 26th September, Wednesday 9th October, Wednesday 16th October

Time: 9:30 am – 11:00 am

Location: Cwmffrwdoer School Hall

More information: <https://www.thefedlineproject.co.uk/>

Capacity: 10 spaces available

Why Attend?

- **Learn New Skills:** Whether you're a seasoned chef or a beginner, these workshops are designed to offer something for everyone.
- **Connect with Others:** Meet and socialize with other parents in our school community.
- **Healthy Eating:** Discover new, nutritious recipes that your family will love.
- **Family Fun:** Bring home new dishes and involve your children in cooking activities.

How to Register:

We are able to offer this fantastic opportunity to 10 parents/ carers. If you would like to attend these sessions please sign and return the form online <https://forms.office.com/e/GKVeacEhEJ> . As space is limited we will be randomly selecting the successful attendees.

Special Notes:

- All materials and ingredients will be provided.
- Please inform us of any dietary restrictions or allergies if selected to attend
- Space is limited, so we encourage you to register as soon as possible!

We hope you'll take advantage of this opportunity to enjoy some delicious food, meet fellow parents, and learn new culinary skills. We look forward to seeing you there!





Nurture Achieve Celebrate

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If you have any questions, please feel free to contact the school.

Warm regards,

Kristian Wharton
K. Wharton
Deputy Headteacher

